

## ATHLETE DEVELOPMENT PROGRAM (ADP)

The Athlete Development Program is sponsored by Vault Canada and is designed to give additional training and support to our Canadian athletes who plan to represent Canada at international events. This program is available for all athletes who wish to compete or work towards competing at the CVI level. The program offers two tracks, and different services will be available for each track. The program runs from September to June each year.

**Declared Track**: is for all athletes hoping to attend Senior, Junior or Young Vaulter Championships in the upcoming years.

Cost: \$250

- Scoresheet review after Canadian CVIs
- Private zoom training sessions with clinicians (3-4)
- Group Sport Psychology sessions and one private session for selected athletes
- Video judging with private review of scoresheets

**Development Track**: for all CVI ready athletes or those working towards attending a CVI, which includes 1,2,3\* levels.

Cost: \$150

- Scoresheet review after Canadian CVIs
- Private zoom training sessions with clinicians (2)
- Group Sport Psychology sessions
- Video judging with private review of scoresheets

All participants will be required to purchase a Vault Canada NF polo to wear at international events.



## ATHLETE DEVELOPMENT PROGRAM REGISTRATION FORM

ATHLETE NAME:
AGE:
VAULTING LEVEL:
CLUB/COACH:
FEE:
DEVELOPMENT TRACK \$150
DECLARED TRACK \$250
FEES PAYABLE BY E-TRANSFER TO finance.evabc@gmail.com
DEVELOPMENTAL TRACK: (for 1* and up athletes, no CVI experience required)
DECLARED TRACK: ( for those wishing to declare for upcoming championships)